



FOR THE TOUGHEST JOB ONE EVER HAS... BEING A PARENT!

This highly advanced program provides skill-building sessions and fun family activities that will help:

- **Parents**
 - Encourage good behavior
 - Setting Limits
 - Protect against youth substance use
- **Youth (ages 9-14)**
 - Dealing with stress
 - Handling Peer Pressure
- **Family**
 - Build family communication



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MILITARY FAMILY NIGHTS PROGRAM Perfect for families with children 9-14 years old Program Details



- 7-session program on Tuesday Evening 6-830PM
- Cinnaminson High School
- Dinner is provided from 6 to 6:30
- Free professional childcare/ children ages 3-8
- Gift Card Incentives for attendance up to **\$150**

TENTATIVE PROGRAM DATES
FEB 19,26 MARCH 5,12,19,26 APRIL 2

TO REGISTER or for more information contact Prevention Plus,
Joe Conlin @609-261-0001 joeconlin@prevplus.org

This program is being conducted in coordination with the SADD & STOP Clubs